



HENRY COSTA'S
"HEARTBREAK SEA"

Henry Costa



Choreographer: Henry Costa – Fremont, CA. (USA) – henrycosta@hotmail.com – May 16, 2007
Web Site: <http://henrycosta.freeyellow.com> – "Mr. Hopping Mad!" Henry Costa's Line Dance Website
Line Dance: 1 Wall / 32 cts. – Easy Intermediate Level
Choreographed to: **Sea of Heartbreak** (96 BPM) by Johnny Cash CD: Unchained

FORWARD, LOCK, FORWARD, WALK FORWARD: RIGHT - LEFT- RIGHT, CROSS, BACK, SLIDE HEEL BACK

- 1 & 2 Forward **Left**, Slide **Right** behind Left (lock), Forward **Left**
- 3 - 5 Walk forward: **Right, Left, Right**
- 6 - 8 Cross **Left** in-front of Right, Back **Right**, Slide **Left** heel next to Right (Weight on Right)

FORWARD, ½ TURN, LEFT SHUFFLE FORWARD, CROSS, BACK, LONG STEP BACK RIGHT, SLIDE HEEL BACK

- 1 - 2 Forward **Left**, Half pivot **Right** (weight on Right)
- 3 & 4 Forward **Left**, Slide **Right** next to Left, Forward **Left**
- 5 - 8 Cross **Right** in front Left, Back Left, Large step back with **Right** Stepping past Left, Slide **Left** heel next to Right (Weight on Right)

½ TURN LEFT, LEFT COASTER STEP, ½ TURN RIGHT, RIGHT COASTER STEP

- 1 - 2 Forward ¼ turn Left with **Left** (turn head Left for direction of turn), Continue ¼ turn Left: step back **Right** (keep head turned Left to Help with direction) Finished ½ turn Left
- 3 & 4 Step back **Left, Right** back next to Left, Forward **Left**
- 5 - 6 Forward ¼ turn Right with **Right** (turn head Right for direction of turn), Continue ¼ turn Right: step back **Left** (keep head turned Right to Help with direction) Finished ½ turn Right
- 7 & 8 Step back **Right, Left** back next to Right, Forward **Right**

¼ TURN RIGHT, CROSS RIGHT BEHIND, ¼ TURN LEFT, FORWARD RIGHT, ½ TURN LEFT, ¼ TURN LEFT, CROSS LEFT BEHIND, ¼ TURN RIGHT

- 1 - 2 Forward ¼ turn Right with **Left**, Cross **Right** behind Left
- 3 - 4 ¼ turn Left stepping forward with **Left**, Forward **Right**
- 5 - 6 ½ turn **Left** (weight on Left), Forward ¼ turn Left with **Right**
- 7 - 8 Cross **Left** behind Right, Forward ¼ turn Right with **Right**

BEGIN AGAIN!